Building Academic Resilience

OSIRIS EDUCATIONAL

Presented by Steve Ingle
Steve is the UK's leading expert in academic resilience. He supports the work of Professor Barry Hymer at the University of Cumbria, fostering action research in education and training.

26th March 2020, London

£299 + VAT
Make sure you ask about additional delegate discounts

❡ **The Resilience Scale:**
  – measure students' academic resilience
  – develop their individual 'next steps'

❡ **Develop evidence for:**
  – personal development   – behaviour   – attitudes

❡ **Academic buoyancy:**
  – Make it the norm, rather than the hope

Average presenter score:

4.95 out of 5

Concept and measurement
Research; how to acquire academic resilience
The Academic Resilience Scale

Embedding academic resilience in your school
How to introduce academic resilience to staff
Common pitfalls that reinforce learned helplessness
Use collaborative learning techniques to equip learners:
  - to thrive with demanding learning
  - to change their own outcomes
  - to promote independence and grit
Strategic plans for teachers and TAs

Personalised resilience toolbox
Powerful feedback techniques to improve learners' self-efficacy
Learner-focused activities for self-regulation and metacognition
Reflection tools to motivate and engage learners
Twenty practical interventions
Assembly ideas for a whole-school focus

"Enthusiastic and knowledgeable – Steve found out about our needs and did his best to meet them and give us practical tips."

Nadia Allen, Thorpe St Andrew School and Sixth Form

"Steve was highly rated by our staff. He had an engaging manner and was clearly knowledgeable – and the way he enthused a large group of staff on the first day back! Excellent in all respects."

Wendy Hale, Cowley International College

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