

Leading on Mental Health

Transform Mental Health Provision in your School



Presented by Tricia Murphy

Tricia Murphy is an eminent author, former head of SEN Support Services in North Lincolnshire, and a former president of NASEN. One of the nation's leading authorities on SEN and mental health in education, Tricia is highly authoritative, experienced and inspirational.

£299 + VAT

Make sure you ask about additional delegate discounts

- Respond to the DfE's and DoH's 'Transforming Children and Young People's Mental Health Provision' 2017 Green Paper
- How to identify at-risk and suffering pupils early
- The most effective intervention strategies for:
 - Depression
 - Anxiety
 - Anorexia and other disorders
- Build a whole-school ethos of good mental health

**Top
Rated
Presenter**

Excel in your role as the Designated Mental Health Lead

Understand the 'graduated response' approach
Design clear behaviour, curriculum and safeguarding policies
Create strong links with local mental health services
Tailor appropriate strategies for students with SEN
Engage with pupils and their parents
Support staff confidence and awareness of mental health

A guide to promoting good mental health in your school

How to instil every student with:

- Resilience - Mindfulness - High self-esteem - Perseverance

Models for successful interventions and support systems

- teacher-to-pupil - parent-to-child - peer-to-peer

Lesson plans for teaching mental health in PSHE
Early warning signs and how to react

*"Extremely informative with lots of opportunities to chat about things of particular relevance. Tricia has a fantastic delivery style – she really knows her stuff. Very refreshing to have someone who **knows what we need to hear.**"*

Danielle Brunton, St Matthew's Primary School

*"Excellent content, answered lots of my questions and **I now feel more prepared to move forward.** Fantastic course leader. Trish was really knowledgeable and informative but also very entertaining – thank you!"*

Alison Spicer, Colmore Infant and Nursery School

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Call 01790 755 783 to run this course in your school

Delegates receive

- A clear path to success in your role
- Strategies towards:
 - Implementing policy
 - Dealing with a range of disorders
 - Confronting mental health stigma
- Whole-school plans of action
- Online post-course support
- Delegate file including CPD certificate

