

The School Food Plan

New
Course

and how Ofsted now inspect how schools approach food

📌 An insider's guide to Ofsted myths and facts:
do they monitor:

- Catering staff? – School meal take-up data?
- Lunch boxes? – Assemblies and events?

📌 A whole-school approach to embed healthy eating into:

- Leadership and school policies
- Food and lunchtime provision
- Food education
- Wider wellbeing



The presenter



The presenter of this course has been in food education for over 30 years. They have worked extensively with the Department for Education and key food education organisations and know the School Food Plan inside out.

Food and the Common Inspection Framework 2016

- Clarify how inspectors will judge how schools are supporting pupils to:
 - “gain knowledge of how to keep themselves healthy” and
 - “make informed choices about healthy eating, [and] fitness”
- See how schools have achieved Outstanding (and failed)
- Reveal how to link food education to wider learning

How to put food provision at the forefront of school life

- Develop your curriculum and adapt food teaching
- Transform food in your school
- Best practice in classroom and school food

Age-specific resources to promote a balanced diet

- A healthy breakfast poem
- Healthy diet choices worksheet
- Healthy food heroes card and activity

School-wide toolkit for you and colleagues

- A current ‘whole-school’ food policy
- A template School Development Plan and self-evaluation form
- Ideas for spending Pupil Premium money for maximum impact e.g. breakfast and after school clubs
- Awards and quality assured schemes such as Food for Life

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