

Troubled Teens

Cause and effect.

The guide to identification and intervention

- 📌 Embed a proactive, whole-school approach to prevent behavioural fall-out
- 📌 Meet the emotional well-being and mental health needs of your teenage pupils
- 📌 Key strategies to support:
 - pupil monitoring
 - in-school support
 - external agencies
 - dealing with disclosure

Dr Sam Littlemore



Sam has more than twenty years' experience of working extensively with children and young people who have emotional and behavioural problems. As a chartered psychologist, her focus is on welfare, safeguarding and behaviour change. She has worked as a secondary teacher and psychology lecturer at two universities.

Address the government drive to improve student welfare

Pupil safeguarding
 Staff vigilance
 Behaviour and attendance
 Meet Ofsted's requirements for safeguarding and well-being
 Unpick the latest psychological research for adolescents

The guide to identification and intervention

Develop an understanding of the support needed and issues faced
 Explore the multiple impacts:

- psychological fall-out
- behavioural fall-out
- impact on learning
- impact on the class

Know how best to intervene and support individual pupils

Monitor pupil well-being and development constructively

Understand pupil referral and external involvement

Building a support network:

- within school
- outside of school
- with parents

Whole-school strategies to support pupils

pupil monitoring techniques
 various support methods
 counselling skills
 strategies for parental involvement
 team support strategies
 guidance on how to approach pupils

To run this course in your school, call 01790 755783



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