

New to Mental Health Lead



Presented by Ross McWilliam

Ross has been Mental Health First Aid trained by MHFA England and has worked impacting positive change in over 1,000 schools and within 100 businesses. During this time, Ross has engaged with over 500,000 children, young adults and senior professionals.

£299 + VAT

Make sure you ask about additional delegate discounts

- ✓ Key strategies to promote positive mental health and well-being throughout your school
- ✓ Exceed Ofsted judgements: personal development, behaviour and welfare
- ✓ New models of good mental health and well-being behaviour and practice

**NEW
Course**

Cultivate a caring and supportive school culture:

Create a positive health environment for both staff and pupils
Help students overcome emotional, psychological and behavioural challenges
Discover how to encourage parental support and collaboration

The Importance of Positive Mental Health & Well-being:

Increase academic achievement
Reduce misbehaviour and bullying
Decrease instances of depression, anxiety and stress.
Promote pupil independence and confidence
Improve teaching performance and job satisfaction
Reduce teacher absence and turnover

The ultimate mental health toolkit:

- Stressors: what can and can't be changed
- Coping strategies
- Preventative measures
- Strategies for students to sustain their own positive mental health throughout life

"Ross never fails to come up with new ways to engage his audience - the learning is always bespoke and professional."

Clare Parisi ICAEW

"I've had nothing but fantastic feedback regarding [Ross's] school visit today. Thank you so much, the kids and staff loved it."

Emilia Scott, Teacher West Lancs Community High, Skelmersdale

Book Now

osiriseducational.co.uk

0808 160 5 160 / 01790 753 987

Call 01790 755 783 to run this course in your school

Delegates receive:

- ✓ Free video strategies
- ✓ Case studies, research and resources
- ✓ Consultant input and networking opportunities
- ✓ Lunch and refreshments
- ✓ Online post-course support
- ✓ Delegate file including CPD certificate

