#### 09.30 - 10.30: Session 1

# Why metacognition is so difficult to catch Assistant Professor John Perry

- What is metacognition?
- What is the evidence of impact on outcomes?
- Case studies and examples from around the world
- Is metacognition the key to success? Finland, Singapore Maths, Shanghai Maths

### 10.45 - 11.45: Session 2

### Implementing metacognition: a whole-school approach Laura McWhinnie

- Explore a holistic approach to developing learner agency
- Establish the starting point for a whole-school approach
- Build growth from within

curriculum?

What we've learned about implementation at Primary and Secondary

### 11.50 - 12.35: Focus Workshops

## How to measure and evaluate metacognition across your school Assistant Professor John

Intent - is this right for your pupils right now?

Implementation - how can you introduce and sustain a metacognitive

Impact - how can you assess the success of a metacognitive curriculum

# Academic buoyancy Steve Ingle

Explore practical ways to help students thrive in school

Strategies to help students perform well under pressure

The role that teacher feedback plays in student self-reflection

Using setbacks to improve future learning and performance

What to focus on, when to focus on it and how to focus for longer

Link to a curriculum for personal development and positive attitudes for learning

Self-regulation: improving self-regulation and self-awareness to manage emotions Bradley Busch

Help learners develop independent learning strategies they need for long term success

### 13.30 — 14.15: Focus Workshops

# Growth mindsets and academic resilience Steve Ingle

Promote and embed growth mindsets to develop learners' resilience in

school

Practical ways to change beliefs about learning for long-term success

Strategies for promoting challenge and learners' 'bouncebackability'

14.20 - 14.45: Session 3

Panel Discussion Bradley Busch, Laura McWhinnie, Assistant Professor John Perry and Steve Ingle

### 14.55 - 15.55: Session 4

### Developing metacognition in your classroom Bradley Busch

- Exploring what metacognition is (and isn't)
  - Teaching students how to learn effectively Using metacognitive questions to improve learning
- Developing resilient students to enhance learning