

**09.30 – 10.30: Session 1**

**Why metacognition is so difficult to catch** Assistant Professor John Perry

- What is metacognition?
- What is the evidence of impact on outcomes?
- Case studies and examples from around the world
- Is metacognition the key to success. Finland, Singapore Maths, Shanghai Maths.

**10.45 – 11.45: Session 2**

**Implementing metacognition: a whole-school approach** Laura McWhinnie

- Explore a holistic approach to developing learner agency
- Establishing the starting point for a whole-school approach
- Building growth from within
- What we've learned about implementation at Primary and Secondary

**11.50 – 12.35: Focus Workshops**

**How to measure and evaluate metacognition across your school** Assistant Professor John

Intent – is this right for your pupils right now?  
Implementation – how can you introduce and sustain a metacognitive curriculum?  
Impact – how can you assess the success of a metacognitive curriculum

**Academic buoyancy** Steve Ingle

Explore practical ways to help students thrive in school  
Link to a curriculum for personal development and positive attitudes for learning  
Help learners' develop independent learning strategies they need for long term success

**13.30 – 14.15: Focus Workshops**

**Growth mindsets and academic resilience** Steve Ingle

Promote and embed growth mindsets to develop learners' resilience in school  
Practical ways to change beliefs about learning for long term success  
Strategies for promoting challenge and learners' bouncebackability

**Self-regulation: improving self-regulation and self-awareness to manage emotions** Bradley Busch

Strategies to help students perform well under pressure  
The role that teacher feedback has on student self-reflection  
What to focus on, when to focus on it and how to focus for longer  
Using setbacks to improve future learning and performance

**14.20 – 14.45: Session 3**

**Panel Discussion** Bradley Busch, Laura McWhinnie, Assistant Professor John Perry and Steve Ingle

**14.55 – 15.55: Session 4**

**Developing metacognition in your classroom** Bradley Busch

- Explore what metacognition is (and isn't)
- Teaching students how to learn effectively
- Using metacognitive questions to improve learning
- Developing resilient students to enhance learning